



el frijol feliz
escuela de cocina

Cooking Classes

Arroz con Leche

(Serves 4)

- ½ lb of rice (arroz quebrado)
- 1 stick of cinnamon
- 1 liter of water
- 1 liter of milk
- ½ cup of sugar

In a pot, cook the rice with a stick of cinnamon and one liter of water for around 20 minutes. When the rice is soft and cooked, add 1 liter of milk and ½ cup of sugar. Cook for another 15 minutes. Serve hot or cold.

Arroz con Leche is often served as a breakfast.

EL FRIJOL FELIZ COOKING CLASS

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